



**DICE RETURNER:** This is a great way to practice your Return of Serve to different areas of the court.

The court is divided into six target areas as shown in the diagram. The player returning serves, rolls a dice and whatever number comes up, they must hit their return into that same corresponding area on the other side of the court.

Scoring is simple... if the returner hits his return in the correct target area, he wins the point, if not, the server wins the point.

**The points themselves are not played out.**

This should be done for an entire set and has helped our players a lot. It's a perfect way to practice both serves and returns which are typically two of the most under-practiced shots in tennis.