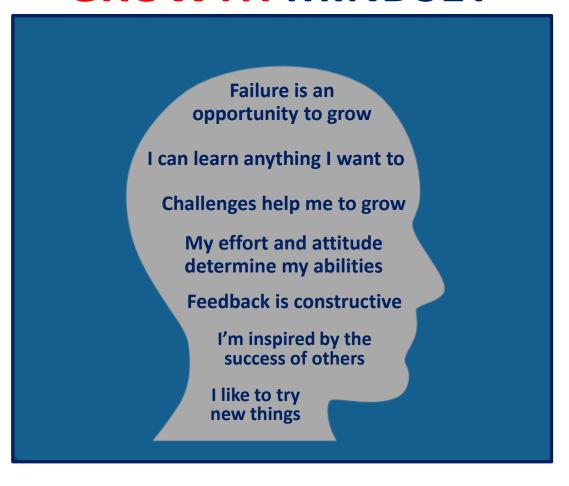
The TWO Mindsets

GROWTH MINDSET



FIXED MINDSET

Failure is the limit of my abilities I'm either good at it, or I'm not My abilities are unchanging I can either do it or I can't I don't like to be challenged When I'm frustrated, I give up I stick to what I know